

Special thank you to our photography partner for the beautiful images included: Sasha de Almagro Photography

Thank you to Simply Dreamy Photo and Eroz Films for capturing tonight's event.

Thank you to DuElite Productions for providing our audio needs.

Thank you to our outstanding event decor team including The Flower Walls Co Miami, Pipa & Belu, Bloom & Balloons, Card My Yard Miami, Good Times Roll Photo Bus.

Thank you to Illiett Ojeda for her tireless work and service as Miami Mom Collective's Event Coordinator.







CIERRA

BRAGAN





founder

jeg mama!

We are overjoyed that you have joined us for our 5th Annual Bloom Event: A Celebration of Motherhood! You'll hear me say it a lot around here but I truly believe that although motherhood is hard, it doesn't have to be lonely. As a busy Mom of 4 (ages 6 and under!) I understand how hard and necessary it is to enjoy an evening away with other Mamas! We are grateful that you have chosen to join us tonight.

Miami Mom Collective exists to encourage, equip, and empower you Mama. Our team of local Moms desire to serve you by providing quality resources, outstanding events, meaningful experiences and most importantly, a kind, inclusive, and authentic community where you can thrive!

Since our launch in July 2018 we have partnered with more than 500 local and national brands and hosted more than 80 events for moms and families throughout Miami. Our greatest joy is the incredible community of women (including you!) who make Miami Mom Collective so special.

However you feel when you come to a Miami Mom Collective event, we hope you leave with one overall feeling:

that of being seen, known and loved in your motherhood.

Inside you'll find our schedule for tonight, content and QR codes to find our local resource guides online. A HUGE thank you to all of the outstanding brands involved in tonight's event. We know you will love getting to know them.

Now - let's get this celebration started!



Post about Bloom on your personal Facebook or Instagram accounts during the event or the day after to be entered to win a staycation at The Gates Hotel South Beach.
Post pictures of the event, your swag bag, the sessions and more!

EVERY POST COUNTS AS AN ENTRY SO DON'T BE SHY!

TAG: @miamimomcollective @baptisthealthsf @gatessouthbeac HASHTAGS: #miamimomcollective #MiamiBloom2023

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Taylor McMahon DONA Birth Doula Ayurvedic Postpartum Doula

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Gening and empowering women in their prenatal and postparture journey





A CELEBRATION OF MOTHERHOOD

5:45 - 6:30 | ATTENDEE CHECK-IN

6:00-10:00 | MINGLING WITH VENDORS

7:30 | EXPERT PANEL BEGINS

9:00 | GIVEAWAYS CLOSE

9:30 | TIME TO "RAISE THE ROOF" Surprise Guests Presented By: M3 Roofing

10:00 | EVENT CONCLUDES

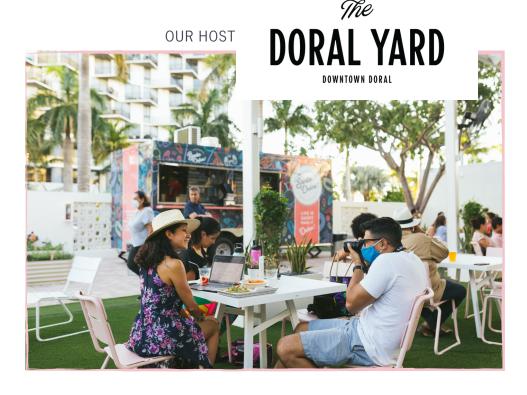
WITH A "SWEET SEND-OFF"

Sponsored By: Cakes For A Cause Bakeshop

Winners will be listed on the giveaway table by 9:30pm.

Visit the Giveaway Table to see if you won!

All giveaways must be claimed by 10PM or will be forfeited.



from one #Migmi Mom to quother



BECKY
mom of two

You are not enough. Neither am I. None of us are. As moms, we feel pressure to be all the things, do all the things, all the time. The truth is, we can't. The good news? God's grace is enough. He meets us where we are -- the 3AM feeding, the carline at school, the tough diagnosis, the college send-off -- and sustains us. So despite our shortcomings, bringing Him into the equation better equips us to be the strong, consistent, loving mom we all wish to be. And lastly, try not to stress the loudness, the messes, and all-encompassing chaos of it all. One day the toys and the sippy cups (all 45

of them) will disappear. The calls for "Mommy!" and the sloppy kisses will be far less frequent, and we'll miss the days we were the center of their universe. So let's put our phones down, hug them hard, breathe them in, and revel in the little moments. Those will be the ones our minds wander to once they've grown.









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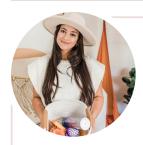
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meet our expert panel speakers



Ann Fonts, FLORIDA PREPAID

Ann Fonts was born and raised in Miami, Florida graduating from Our Lady of Lourdes Academy. After earning her bachelor's and master's degree from Florida State University in integrated marketing communications and public relations, she moved back to Miami to begin her career. She is an Associate Managing Director for Moore Agency, a full-service communications firm. Ann serves public relations and marketing needs for clients including Florida Prepaid, the state-backed college savings program. As a mother of two children and former Prepaid recipient, Ann is proud to represent Florida Prepaid, the largest and most successful college savings plan program in the nation.



Jacqueline Jebian Garcia, M.S., CCC-SLP

Jacqui is the Founder of Create Yourself Co, a Neurodivergent SLP, and a mother of 2 who trained as a Social Emotional Coach. She has combined all four worlds into one to launch The Neurodiversity-Affirming SLP Coach Certificate Program to make a greater impact in the homes of neurodivergent children. She is passionate about giving mothers the tools to confidently create sensational connection with themselves and their children in their homes.

NOTES

meet our expert panel speakers



Naomi Dempsey, MD BREAST MEDICAL ONCOLOGIST, BAPTIST HEALTH MIAMI CANCER INSTITUTE

Naomi Dempsey, M.D., is a board-certified breast medical oncologist at Miami Cancer Institute, part of Baptist Health. She specializes in breast cancer medical oncology. Prior to joining Miami Cancer Institute in 2023, Dr. Dempsey served as a hematologist and breast medical oncologist at the Lynn Cancer Institute where she led the breast cancer research effort. Her work can be found in various publications, including Breast Cancer Research and Treatment and Hematology Oncology Clinics

of North America. Before her time at the Lynn Cancer Institute, Dr. Dempsey was chief fellow of hematology and oncology at University of Miami Sylvester Cancer Center. She is a member of the American Society of Clinical Oncology, Alpha Omega Alpha Medical Honors Society and American College of Physicians.

Dr. Dempsey's approach to care is compassionate and collaborative. She believes in evidence-based methods tailored to her breast cancer patients' goals and priorities for their care. She gets to know the patients and their families to understand what is most important to them in their treatment journey. With this information, she creates a treatment plan that will optimize cancer outcomes while accounting for each patient's unique needs and values. When she is not treating patients, Dr. Dempsey enjoys spending time with her daughter Keira. She also plays the flute with the Greater Miami Symphonic Band where she serves as the principal piccolo player.



Natalia Echeverri. MD

Women's health is my passion. As a gynecologist, I treat and empower women throughout their lives. It's both my responsibility and my privilege to advocate for their health and wellbeing.

Born in Miami, Dr. Natalia Echeverri earned her medical degree from

Herbert Wertheim College of Medicine at Florida International University in Miami. She completed her residency in obstetrics and gynecology at the University of Miami /Jackson Memorial Hospital and

worked for three years in private practice before joining South Miami OB-GYN Associates in 2022. During her residency, Dr. Echeverri was the recipient of numerous awards, including the Society of Laparoscopic & Robotic Surgeons (SLS) Outstanding MIS Resident Award, and the John Ford Award, annually presented to the resident who has shown outstanding performance in gynecology during the course of training.

A dedicated researcher and educator, Dr. Echeverri has been the first author of numerous publications and is currently a faculty member at her alma mater, Herbert Wertheim College of Medicine at FIU. She also coordinated and lead the biannual suture workshop for the University of Miami medical students, organized an annual wellness event for the OB-GYN residents, and created a program for treating partners of female patients with STDs at Jackson Memorial Hospital.

Fluent in both English and Spanish, Dr. Echeverri is a Fellow of the American College of Obstetrics and Gynecology and is board certified by the American Board of Obstetrics and Gynecology.





























TO OUR 2023 BLOOM VENDORS





















































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from one #Migmi Mom to another



HOLLY

Mom of 2 and

Grandmother of 3

I love everything about being a mom and every season of motherhood. What I did not realize is that it really does go so quickly and I needed to slow down the urge to get to the next stage of my child's development. They are only a baby so long, a child so long and a teenager sometimes seems too long. But seriously, moms, slow down, smell the roses, enjoy the stage. Hug a little longer, play a little longer and know that you are doing better than you think you are. I am now a grandmother and feel like I have been rewarded for all those years of blood, sweat and tears. I have learned that motherhood is a set apart role with lots of responsibility, but it also brings the sweetest moments of life that can only happen between a mom and her children!



SCAN THE OR CODE TO VISIT OUR GUIDES













About Women's Healthcare



Who we are?

At Women's Healthcare of Kendall, LLC, we seek to provide the highest level of care through our highly skilled health care professionals and state of the art technologies. We are devoted to addressing the individual needs and demands of patients in a warm and caring environment.

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KRYSTAL

Mom of 1 and

stepmom

I did what any millennial mom would do and turned to the world of Social Media to find friends. If putting out an ad for friends on Craig's List was socially appropriate, I would have done that too. But a simple search on Facebook brought me Miami Mom Collective and really the rest is history. I dove in head first and embraced any mom who attended events, wrote a post, or simply liked a picture on IG. And now, I can't imagine doing motherhood without this COMMUNITY. My Mom Squad.

from one #Migmi Mom to another

My motherhood experience was beautiful and confusing. I didn't have many mom friends when I started so I had support from family and some friends but hadn't found a real community that understood me. Finding Miami Mom Collective has been a true blessing. My support system doubled, and I've never been the same.

A piece of advice I'd give my new mom self is to take each step slowly, be present, and learn from your child's cues. Find a community of mothers that can give you honest opinions. If you have questions, ask them and never, ever feel ashamed of asking for help!



ANA-SOFIA

Mom of 2

A REAL

Here's the deal. We're not only better together, but we thrive when we're together. Research shows that we were designed for community. We have a community-size hole in our heart and we're missing out on our best selves when we don't fill it, so come and join us! You don't have to "mom" alone. From one Miami Mom to another, you are welcome at our table. P.S. There will probably always be croquetas and cortaditos involved!





COMMUNITY AND **CONVERSATION**

GROUP ON FACEBOOK







































TO OUR GIVEAWAY AND SWAG PARTNERS







































































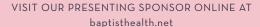
















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